

何一海鮮

AH YAT SEAFOOD ~ Menu ~



环球 海鲜

LIVE SEAFOOD



香柠奶油龙虾

Stir-fried Lobster w/ Lime & Butter Sauce



麦片生虾

Deep-fried Live Prawns w/ Cereal



象拔蚌刺身

Geoduck Sashimi



宫保田鸡

Stir-fried Frog w/ Dried Chilli

任选烹调方式

CHOICE OF COOKING STYLE

龙虾 Lobster

- A. 刺身
Sashimi
- B. 芝士牛油焗
Baked w/ Cheese & Butter
- C. 椒盐
Deep-fried w/ Salt & Pepper
- D. 香柠奶油
Lime & Butter Sauce
- E. 蒜茸蒸
Steamed w/ Garlic
- F. 上汤焗
Stir-fried w/ Superior Soup
- G. 姜葱炒
Stir-fried w/ Ginger & Spring Onion
- H. 鲜果沙律 (需预订)
Fruit Salad (Order in advance)

生虾 Live Prawn

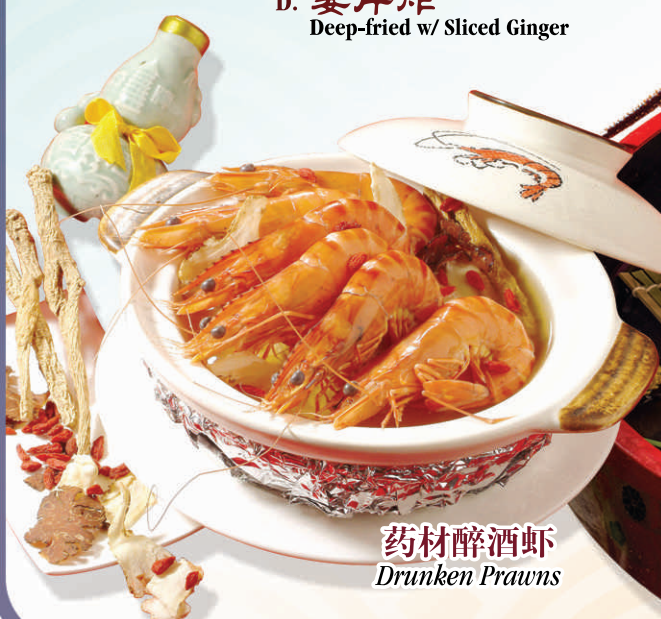
- A. 白灼
Poached
- B. 蒜茸开边蒸
Steamed w/ Garlic
- C. 椒盐
Deep-fried w/ Salt & Pepper
- D. 干煎
Pan-fried
- E. 麦片
Deep-fried w/ Cereal
- F. 药材醉酒
Drunken Prawn

象拔蚌 Geoduck Clam

- A. 刺身
Sashimi
- B. 壹灼
Steamboat
- C. XO酱炒
Stir-fried w/ X.O Sauce
- D. 油泡
Stir-fried

田鸡 Frog

- A. 椒盐
Deep-fried w/ Salt & Pepper
- B. 姜葱爆
Wok-fried w/ Ginger & Spring Onion
- C. 宫保
Stir-fried w/ Dried Chilli
- D. 姜片炸
Deep-fried w/ Sliced Ginger



药材醉酒虾
Drunken Prawns



龙虾刺身
Lobster Sashimi

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环球 海鲜

LIVE SEAFOOD



花雕蛋白蒸阿拉斯加巨蟹
*Steamed Alaskan King Crab w/
Egg White & Chinese Wine*



港蒸龙虎斑
Steamed "Dragon Tiger" Garoupa in HK Style



参峇炒贝壳类
Sauteed Clams w/ Sambal



蒜茸蒸竹节蚌
Steamed Bamboo Clam w/ Minced Garlic

任選烹調方式

CHOICE OF COOKING STYLE

蟹 Crab

- A. 姜葱
Stir-fried w/ Ginger & Spring Onion
- B. 清蒸
Steamed
- C. 黑椒
Black Pepper Crab
- D. 金香炒
Stir-fried w/ Spicy Sauce
- E. 咸蛋
Stir-fried w/ Salted Egg Yolk
- F. 花雕蛋白蒸
Steamed w/ Chinese Wine & Egg White
- G. 辣椒
Chilli Crab
- H. 白胡椒姜葱炒
Stir-fried w/ White Pepper, Ginger & Spring Onion

鱼 Fish

- A. 港式蒸
Steamed in Hong Kong Style
- B. 潮式蒸
Steamed in "Teo Chew" Style
- C. 油浸
Deep-fried
- D. 豉汁蒸
Steamed in Black Bean Sauce
- E. 泰式炸
Deep-fried in Thai Style
- F. 酸甜
Deep-fried w/ Sweet & Sour Sauce
- G. 醬蒸
Steamed w/ Spicy Sauce

贝壳 Shell Fish

- A. 豉汁蒸
Steamed in Black Bean Sauce
- B. 蒜茸蒸
Steamed w/ Minced Garlic
- C. 叁峇炒
Sauteed w/ Sambal
- D. 辣椒炒
Sauteed w/ Chilli Sauce
- E. 豉椒炒
Sauteed w/ Green Pepper & Black Bean Sauce
- F. 白灼
Poached
- G. 姜葱炒
Stir-fried w/ Ginger & Spring Onion
- H. 姜米酒浸
Poached w/ Ginger in Rice Wine Soup

油浸順壳魚
Deep-fried Soon Hock Fish



辣椒螃蟹
Chilli Crab

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特级日本干鲍

JAPANESE DRIED ABALONE

每只
Each

- | | | |
|---|---|---------|
| 1 | 皇冠四头大网鲍
Whole 4PPC Amidori Abalone | \$2,800 |
| 2 | 皇冠六头大网鲍
Whole 6PPC Amidori Abalone | \$1,300 |
| 3 | 皇冠八头大网鲍
Whole 8PPC Amidori Abalone | \$ 880 |
| 4 | 皇冠十头大网鲍
Whole 10PPC Amidori Abalone | \$ 680 |
| 5 | 皇冠十八头吉品鲍
Whole 18PPC Yoshihama Abalone | \$ 380 |
| 6 | 特级二十头吉品鲍
Whole 20PPC Yoshihama Abalone | \$ 320 |
| 7 | 北海道四头干鲍
Whole 4PPC Hokkaido Abalone | \$ 750 |
| 8 | 北海道五头干鲍
Whole 5PPC Hokkaido Abalone | \$ 580 |
| 9 | 北海道六头干鲍
Whole 6PPC Hokkaido Abalone | \$ 450 |

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特级吉品鲍 Yoshibama Abalone



皇冠网鲍
Amidori Abalone

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阿一经典名菜

"AH YAT" SIGNATURE DISHES

	每十克 Per 10g	每只 Each
1 阿一秘制深海墨西哥鲜鲍 Stewed Mexican Deep Sea Fresh Abalone in Ah Yat Style	\$ 15	
2 阿一秘制野生南非大鲍鱼 Stewed South African Wild Large Abalone in Ah Yat Style	\$ 14	
3 阿一秘制三头鲜鲍 Stewed 3PPC Fresh Abalone in Ah Yat Style		\$50
4 阿一秘制四头鲜鲍 Stewed 4PPC Fresh Abalone in Ah Yat Style		\$45
5 阿一砂锅焖鱼 Braised Fish in Claypot Ah Yat Style	时价	SEASONAL PRICE
6 鲍汁天白菇鹅掌煲 Stewed Goose Web & Mushroom w/ Abalone Sauce in Claypot		例 Small \$48

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阿一鱼翅

"AH YAT" SHARK'S FIN

	每位 Per Pax.	例 Small
1 石窝大鲍翅 Braised Superior Shark's Fin in Hot Stone Pot	\$128	
2 石窝黄焖花胶排翅 Braised Superior Shark's Fin w/ Fish Maw in Hot Stone Pot	\$55	
3 红烧大排翅 Braised Superior Shark's Fin Soup	\$55	
4 滋补螺头炖排翅 Double-boiled Shark's Fin Soup w/ Sea Whelk	\$45	
5 砂煲红烧鱼翅 Braised Shark's Fin Soup in Claypot	\$32	
6 红烧蟹肉翅 (四人份) Braised Shark's Fin Soup w/ Crab Meat (For 4 Pax)		\$98

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特式小食

APPETIZERS

	每份 Per Portion
1 凉拌螺片 Chilled Sliced Sea Whelk w/ Black Fungus	\$14.80
2 肉蓉脆茄子 Deep-fried Eggplant w/ Pork Floss	\$13.80
3 上汤炸鱼皮 Deep-fried Crispy Fish Skin	\$13.80
4 酥脆滑豆腐 Deep-fried Crispy Smooth Beancurd	\$9.80
5 椒盐金针菇 Deep-fried Golden Needle Mushrooms w/ Salt & Pepper	\$9.80
6 椒盐龙须 Deep-fried Tentacles of Squid w/ Salt & Pepper	\$14.80
7 金沙什菌 Deep-fried Fresh Mushrooms w/ Salted Egg Yolk	\$13.80
8 椒盐白饭鱼 Deep-fried Silver Fish w/ Salt & Pepper	\$14.80

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明炉烧味

BBQ & ROASTED

一只
Whole

1 鸿运化皮乳猪 (二天前预订) Roasted Suckling Pig (Order 2 Days in Advance)

\$298



半只
Half

一只
Whole

2 北京片皮鸭 Roasted Peking Duck

\$ 42

\$ 78



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汤羹菜

SOUPS

	每位 Per Pax.	例 Small
1 滋补响螺炖花胶汤 Double-boiled Fish Maw Soup w/ Sea Whelk	\$32	
2 海鲜酸辣羹 Hot & Sour Soup w/ Diced Seafood		\$26
3 海味鱼肚羹 Braised Shredded Fish Maw & Dried Seafood in Thick Soup		\$38
4 蟹肉粟米羹 Crab Meat & Sweet Corn in Thick Soup		\$22
5 海鲜豆腐羹 Minced Seafood & Beancurd in Thick Soup		\$26

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1



4



2

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海产、河鲜

SEAFOOD SPECIALTIES

	每只/件 Each / Per Pc	例 Small
1 海鲜酿蟹盖 Deep-fried Crab Shell Stuffed w/ Minced Seafood	\$12	
2 西兰花炒带子 Stir-fried Scallops w/ Broccoli	\$42	
3 酸甜虾球 (八只) De-shelled Prawns in Sweet & Sour Sauce (8pcs)	\$38	
4 青芥末虾球 (八只) De-shelled Prawns w/ Wasabi (8pcs)	\$38	
5 焖斑头腩煲 • 豉汁凉瓜 • 蒜子茄子 • 蒜子豆根 Braised Garoupa Head & Belly in Claypot • W/ Bitter Gourd in Black Bean Sauce • W/ Garlic & Eggplant • W/ Garlic & Dried Beancurd	\$26	

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鸡肉菜

POULTRY

例
Small

- | | | |
|---|---|------|
| 1 | 黄酒滑鸡煲
Braised Chicken w/ Chinese Wine in Claypot | \$28 |
| 2 | 三杯鸡煲
Braised Chicken w/ Special Sauce in Claypot | \$20 |
| 3 | 宫保鸡丁
Stir-fried Diced Chicken w/ Dried Chilli | \$20 |
| 4 | 泰式炸鸡扒
Deep-fried Chicken Cutlet in Thai Style | \$20 |
| 5 | 蒜茸鸡球炒西兰花
Stir-fried Chicken & Broccoli w/ Minced Garlic | \$24 |
| 6 | 咸鱼鸡粒豆腐煲
Braised Diced Chicken & Beancurd w/ Salted Fish in Claypot | \$20 |

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猪、牛菜

PORK & BEEF

例
Small

- | | | |
|---|--|------|
| 1 | 香醋镇江骨
Fried Spare Ribs w/ Vinegar Sauce | \$24 |
| 2 | 鲜什菌炒黑豚
Stir-fried Black Pork w/ Assorted Mushrooms | \$28 |
| 3 | 中式猪仔柳
Pan-fried Pork in Chinese Style | \$24 |
| 4 | 凤梨咕咾肉
Sweet & Sour Pork | \$20 |
| 5 | 马蹄 / 咸鱼蒸肉饼
Steamed Pork Patty w/ Water Chestnut OR Salted Fish | \$20 |
| 6 | 马来咸鱼花腩煲
Wok-fried Pork Belly w/ Salted Fish in Claypot | \$24 |
| 7 | 日式蒜片牛柳粒
Stir-fried Diced Beef Tenderloin w/ Sliced Garlic in Japanese Style | \$32 |
| 8 | 白灼金针菇肥牛
Poached Sliced Beef w/ Golden Mushrooms | \$32 |

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豆腐、蔬菜类

BEANCURD & VEGETABLE

例
Small

- | | | |
|----|---|------|
| 1 | 胡麻冰菜
Iced Plant w/ Sesame Sauce | \$18 |
| 2 | 青龙菜炒银芽
Stir-fried "Green Dragon" Vegetable w/ Bean Sprout | \$18 |
| 3 | 渔香茄子煲
Braised Eggplant w/ Minced Pork in Claypot | \$20 |
| 4 | 海鲜豆腐煲
Braised Beancurd w/ Seafood in Claypot | \$28 |
| 5 | 金针菇豆根豆腐煲
Braised Golden Needle Mushrooms w/ Dried Beancurd Skin & Beancurd in Claypot | \$20 |
| 6 | 豉蒜生炒凉瓜
Sauteed Bitter Gourd w/ Black Bean Sauce | \$16 |
| 7 | 金银蛋时蔬 (苋菜 / 香港菜苗)
Poached Vegetable w/ Assorted Eggs & Egg Yolk (Chinese Spinach / Hong Kong Baby Cabbage) | \$20 |
| 8 | 参峇马来风光
Fried Kang Kong w/ Sambal Sauce | \$16 |
| 9 | 蚝皇天白菇扒西兰花
Stewed Broccoli & Mushroom w/ Oyster Sauce | \$24 |
| 10 | 鲍汁香港芥兰
Stewed Hong Kong Kailan w/ Abalone Sauce | \$22 |
| 11 | 芙蓉煎蛋
Pan-fried "Fu Rong" Omelette | \$18 |

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健康素食

VEGETARIAN DISHES

	每位 Per Pax.	例 Small
1 竹笙上素翅 Braised Vegetarian Shark's Fin w/ Bamboo Fungus	\$9.80	\$22
2 荷塘藕飘香 Sauteed Sliced Lotus Root w/ Assorted Vegetable		\$16
3 素烧豆腐 Braised Beancurd w/ Vegetable		\$16
4 黄耳西兰花 Stir-fried Broccoli w/ Yellow Fungus		\$22
5 金粟素炒饭 Fried Rice w/ Sweet Corn & Vegetable		\$16
6 素烧伊面 Braised Vegetarian E-fu Noodles		\$18

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粉、面、饭

RICE & NOODLES

	每位 Per Pax.	例 Small
1 上汤波士顿龙虾焖伊面 (半只) Braised E-fu Noodles w/ Boston Lobster (Half) w/ Superior Stock	\$38	
2 干烧伊面 Braised E-fu Noodles		\$18
3 干炒牛河 Fried Rice Noodles w/ Beef		\$22
4 滑蛋海鲜河 Fried Rice Noodles w/ Seafood in Egg Gravy		\$24
5 日式海鲜炒饭 Fried Rice w/ Seafood in Japanese Style		\$22
6 咸鱼鸡粒炒饭 Fried Rice w/ Salted Fish & Diced Chicken		\$20
7 蟹肉蛋白瑶柱炒饭 Fried Rice w/ Crab Meat, Dried Scallop & Egg White		\$28
8 扬州炒饭 "Yang Chow" Fried Rice		\$20

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甜品、美点

DESSERTS & PASTRIES

每位
Per Pax.

- | | | |
|---|---|---------------------|
| 1 | 冰花 / 红枣官燕 (热 / 冻)
Double-boiled Bird's Nest w/ Rock Sugar OR Red Dates (Hot OR Cold) | \$68 |
| 2 | 杏汁炖官燕
Double-boiled Bird's Nest w/ Almond Cream | \$55 |
| 3 | 生磨龙皇杏仁茶
Homemade Fresh Almond Cream | \$ 8 |
| 4 | 香滑芝麻糊
Black Sesame Paste | \$ 7 |
| 5 | 是日甜品
Dessert of The Day | \$ 6 |
| 6 | 豆沙窝饼
Pancake w/ Red Bean Paste | 每份 Per Portion \$12 |
| 7 | 精美寿桃 (最少四粒起)
Longevity Buns (Min. Order 4pcs) | 每粒 Each \$1.50 |
| 8 | 金银炸 / 蒸馒头 (最少四粒起)
Deep-fried OR Steamed Buns (Min. Order 4pcs) | 每粒 Each \$0.80 |

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阿一海鮮

AH YAT SEAFOOD
RESTAURANT