

THE KRYSTON SEMINAR PACKAGES

Tailored menus for seminars, training sessions, and workshops. Choose from Full-Day or Half-Day options designed to meet all corporate needs.

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

For 30 guests & above:

\$25.00/guest

\$27.25 w/GST

For 30 guests & above:

\$29.00/guest

\$31.61 w/GST

For 25 guests:

\$28.00/guests

\$30.52 w/GST

For 25 guests:

\$32.00/guests

\$34.88 w/GST

- Food comes with complete table layout with skirting, warmers, and full set of disposable cutleries and serviettes
- Orders need to be finalised at least 3 working days before your event
- Orders have to be in increments of 5 pax
- Delivery fee is \$130.00 (\$141.70 w/GST) for a full-day seminar, \$100.00 (\$109.00 w/GST) for a half-day seminar
- An additional surcharge of \$10 (\$10.90 w/GST) will apply for delivery to offshore areas (Sentosa and Jurong Island) and central area denoted by the first 2 digits of the postal code: Robinson - 01, 04, 05, 06, 07, 08; Marina Square - 03, 17; Orchard - 22, 23, 24; Bras Basah - 18, 19
- Weekend surcharge of \$1 (\$1.09 w/GST) is applicable for orders on Fridays & Saturdays

THE CONTINENTAL SEMINAR MENU

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Egg Mayo Finger Sandwich **OR** Steamed Coffee Pau
Crispy Long Spring Roll
Sliced Marble Cake
Assorted Mini Cookies *(Complimentary)*
Brewed Coffee & Tea

LUNCH

Classic Caesar Salad
Butter Rice with Nuts & Raisins
Grilled Chicken with Teriyaki Sauce
Pan Fried Pacific Dory with Tomato Concasse
Sautéed Broccoli with Mushroom
Breaded Scallop with Tartar Dip
Ice Jelly with Fruit Cocktail
Blackcurrant Cordial **OR** Brewed Coffee & Tea

AFTERNOON TEA

Chocolate Croissant
Mini Egg Tart
Brewed Coffee & Tea

THE SINGAPORE SEMINAR MENU

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Veggie Finger Sandwich **OR** Steamed Honey Chicken Pau
Chicken Nugget (*Served with Thai Chili Dip*)
Mini Apple Strudel
Assorted Mini Cookies (*Complimentary*)
Brewed Coffee & Tea

LUNCH

Scrambled Eggs with Shrimp
Sin Chow Mee Hoon
Signature Curry Chicken (+\$2.50) **OR** Sweet & Sour Chicken
Oriental Steamed Fish
Mixed Cabbage with Black Fungus
Homemade Chicken Ngho Hiang
Almond Jelly with Longan
Barley Cordial **OR** Brewed Coffee & Tea

AFTERNOON TEA

Hawaiian Pizza
Steamed Pumpkin Cake
Brewed Coffee & Tea

THE MASALA SEMINAR MENU

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Cheddar Cheese Finger Sandwich **OR** Steamed Har Kau
Pan Fried Gyoza
Mini Muffin
Assorted Mini Cookies *(Complimentary)*
Brewed Coffee & Tea

LUNCH

Pappadam
Nasi Briyani with Achar
Indian Chicken Pepper Fry
Assam Pedas Fish Fillet (+\$1.50) **OR** Indian Style Fried Fish Fillet
Aloo Gobi Masala (Potato & Cauliflower)
Chickpea Salad
Ice Jelly with Fruit Cocktail
Orange Cordial **OR** Brewed Coffee & Tea

AFTERNOON TEA

Mini Almond Bar
Steamed Siew Mai
Brewed Coffee & Tea

THE WESTERN SEMINAR MENU

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Tuna Mayo Finger Sandwich **OR** Steamed Red Bean Pau
Curry Samosa
Assorted Swiss Roll
Assorted Mini Cookies *(Complimentary)*
Brewed Coffee & Tea

LUNCH

Mixed Green Garden Salad
Spaghetti Aglio Olio with Mushroom
Chicken Cutlet with Lemon Sauce
Baked Dory with Almond Butter Sauce
Vegetables Medley
Roasted Potato with Herbs
Fresh Fruits Platter
Fruit Punch **OR** Brewed Coffee & Tea

AFTERNOON TEA

Wholemeal Mushroom Pau
Steamed Soon Kueh
Brewed Coffee & Tea

THE BANGKOK SEMINAR MENU

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Egg Mayo Finger Sandwich **OR** Steamed Mini Soon Kueh
Potato Curry Puff
Steamed Yam Cake
Assorted Mini Cookies *(Complimentary)*
Brewed Coffee & Tea

LUNCH

Tropical Fruits Salad
Thai Pineapple Fried Rice with Chicken Floss
Signature Green Curry Chicken (+\$1.00) **OR** Honey Glazed Chicken
Fried Fish Fillet with Mango Salsa
Oyster Kai Lan with Mushroom
Thai Style Fried Bean Curd
Grass Jelly with Longan
Lychee Cordial **OR** Brewed Coffee & Tea

AFTERNOON TEA

Mini Chocolate Roll
Assorted Nonya Kueh
Brewed Coffee & Tea

THE KRYSTON SEMINAR PACKAGES

DROP OFF

Convenient drop-off catering for seminars, training and workshops.

Choose from Full-Day or Half-Day menus, served in microwavable containers for hassle-free corporate dining.

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

For 30 guests & above:

\$31.00/guest

\$33.79 w/GST

For 30 guests & above:

\$35.00/guest

\$38.15 w/GST

For 25 guests:

\$34.00/guests

\$37.06 w/GST

For 25 guests:

\$38.00/guests

\$41.42 w/GST

- Food comes in microwavable containers, and full set of disposable cutleries and serviettes
- Orders need to be finalised at least 3 working days before your event
- Orders have to be increments of 5 pax
- Delivery fee is \$135 (\$147.15 w/GST) for a full-day seminar, \$90 (\$98.10, incl. GST) for a half-day seminar
- An additional surcharge of \$10 (\$10.90 w/GST) will apply for delivery to offshore areas (Sentosa and Jurong Island) and central area denoted by the first 2 digits of the postal code: Robinson - 01, 04, 05, 06, 07, 08; Marina Square - 03, 17; Orchard - 22, 23, 24; Bras Basah - 18, 19
- Weekend surcharge of \$1 (\$1.09 w/GST) is applicable for orders on Fridays & Saturdays

THE CONTINENTAL SEMINAR MENU

DROP OFF

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Egg Mayo Finger Sandwich **OR** Steamed Coffee Pau
Crispy Long Spring Roll
Sliced Marble Cake
Assorted Mini Cookies *(Complimentary)*
Bottled Water **OR** Assorted Packet Drink

LUNCH

Classic Caesar Salad
Butter Rice with Nuts & Raisins
Grilled Chicken with Teriyaki Sauce
Pan Fried Pacific Dory with Tomato Concasse
Sautéed Broccoli with Mushroom
Breaded Scallop with Tartar Dip
Ice Jelly with Fruit Cocktail
Blackcurrant Cordial **OR** Brewed Coffee & Tea

AFTERNOON TEA

Chocolate Croissant
Mini Egg Tart
Bottled Water **OR** Assorted Packet Drink

THE SINGAPORE SEMINAR MENU

DROP OFF

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Veggie Finger Sandwich **OR** Steamed Honey Chicken Pau

Chicken Nugget (*Served with Thai Chili Dip*)

Mini Apple Strudel

Assorted Mini Cookies (Complimentary)

Bottled Water **OR** Assorted Packet Drink

LUNCH

Scrambled Eggs with Shrimp

Sin Chow Mee Hoon

Signature Curry Chicken (+\$2.50) **OR** Sweet & Sour Chicken

Oriental Steamed Fish

Mixed Cabbage with Black Fungus

Homemade Chicken Ngho Hiang

Almond Jelly with Longan

Bottled Water **OR** Assorted Packet Drink

AFTERNOON TEA

Hawaiian Pizza

Steamed Pumpkin Cake

Bottled Water **OR** Assorted Packet Drink

THE MASALA SEMINAR MENU

DROP OFF

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Cheddar Cheese Finger Sandwich **OR** Steamed Har Kau
Pan Fried Gyoza
Mini Muffin
Assorted Mini Cookies (*Complimentary*)
Bottled Water **OR** Assorted Packet Drink

LUNCH

Pappadam
Nasi Briyani with Achar
Indian Chicken Pepper Fry
Assam Pedas Fish Fillet (+\$1.50) **OR** Indian Style Fried Fish Fillet
Aloo Gobi Masala (*Potato & Cauliflower*)
Chickpea Salad
Ice Jelly with Fruit Cocktail
Bottled Water **OR** Assorted Packet Drink

AFTERNOON TEA

Mini Almond Bar
Steamed Siew Mai
Bottled Water **OR** Assorted Packet Drink

THE WESTERN SEMINAR MENU

DROP OFF

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Tuna Mayo Finger Sandwich **OR** Steamed Red Bean Pau
Curry Samosa
Assorted Swiss Roll
Assorted Mini Cookies (*Complimentary*)
Bottled Water **OR** Assorted Packet Drink

LUNCH

Mixed Green Garden Salad
Spaghetti Aglio Olio with Mushroom
Chicken Cutlet with Lemon Sauce
Baked Dory with Almond Butter Sauce
Vegetables Medley
Roasted Potato with Herbs
Fresh Fruits Platter
Bottled Water **OR** Assorted Packet Drink

AFTERNOON TEA

Wholemeal Mushroom Pau
Steamed Soon Kueh
Bottled Water **OR** Assorted Packet Drink

THE THAI SEMINAR MENU

DROP OFF

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Egg Mayo Finger Sandwich **OR** Steamed Mini Soon Kueh
Potato Curry Puff
Steamed Yam Cake
Assorted Mini Cookies (*Complimentary*)
Bottled Water **OR** Assorted Packet Drink

LUNCH

Tropical Fruits Salad
Thai Pineapple Fried Rice with Chicken Floss
Signature Green Curry Chicken (+\$1.00) **OR** Honey Glazed Chicken
Fried Fish Fillet with Mango Salsa
Oyster Kai Lan with Mushroom
Thai Style Fried Bean Curd
Grass Jelly with Longan
Bottled Water **OR** Assorted Packet Drink

AFTERNOON TEA

Mini Chocolate Roll
Assorted Nonya Kueh
Bottled Water **OR** Assorted Packet Drink

THE KRYSTON SEMINAR PACKAGES

DROP OFF

ADD ONS

BEVERAGES



Takeaway Coffee OR Tea (Serves 10-12 cups)
\$26.80 \$29.21 w/GST



Yu Herbal Tea (Choose from)
 Loh Han Guo | Rosalie Hawthorn | Ginseng Chrysanthemum
\$40.00 (20 btl) \$43.60 w/ GST

PANDORA PARTY PLATTERS



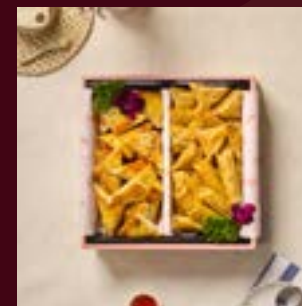
Dimsum Variety Box
 Fried Mini Honey Chicken
 Pau, Siew Mai, Mini Soon
 Kueh, Har Kau
\$38.00 \$41.42 w/GST



BBQ Chicken Wrap Box
\$58.00 \$63.22 w/GST



Croissant Sandwiches
 Tuna, Egg Mayo
\$58.00 \$63.22 w/GST



Vegetarian Medley Box
\$48.00 \$53.32 w/GST

THE KRYSTON SEMINAR BENTOS

Tailored menus for seminars, training sessions, and workshops. Choose from Full-Day or Half-Day options designed to meet all corporate needs.

Choose from:

HALF DAY (2 Meals)

Lunch +
Breakfast **OR**
Afternoon Tea

For 20 guests & above:

\$26.00/guest

\$28.34 w/GST

FULL DAY (3 Meals)

Breakfast +
Lunch +
Afternoon Tea

For 20 guests & above:

\$33.00/guest

\$35.97 w/GST

- Orders need to be finalised at least 3 working days before your event
- Delivery fee is \$135 (\$147.15 w/GST) for a full-day seminar, \$90 (\$98.10, incl. GST) for a half-day seminar
- An additional surcharge of \$10 (\$10.90 w/GST) will apply for delivery to offshore areas (Sentosa and Jurong Island) and central area denoted by the first 2 digits of the postal code: Robinson - 01, 04, 05, 06, 07, 08; Marina Square - 03, 17; Orchard - 22, 23, 24; Bras Basah - 18, 19
- For vegetarian options, please enquire with the Kryston Team.
- Photos are for illustration purposes only

THE CONTINENTAL SEMINAR BENTO

Choose from:

HALF DAY (2 Bentos)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Bentos)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Veggies Sandwich | Spring Roll
Vegetarian Siew Mai

LUNCH

Tomato Baked Rice
Sautéed Broccoli Almond Flakes
Baked Fish with Pesto Sauce
Chipolata Sausage
Purple Coleslaw with Raisins
Dessert of The Day

AFTERNOON TEA

Mushroom Pizza
Cold Pasta Salad
Seasonal Fruits

THE SINGAPORE SEMINAR BENTO

Choose from:

HALF DAY (2 Bentos)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Bentos)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Egg Mayo Sandwich
Mini Curry Puff
Steamed Soon Kueh

LUNCH

Sin Chow Mee Hoon
Wasabi Prawn
Signature Curry Chicken
Mushroom Broccoli
Breaded Scallop
Dessert of The Day

AFTERNOON TEA

BBQ Chicken Pizza
Mini Egg Tart
Coffee Bun

THE MASALA SEMINAR BENTO

Choose from:

HALF DAY (2 Bentos)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Bentos)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Veggie Sandwich
Shanghai Gyoza
Steamed Siew Mai

LUNCH

Nasi Briyani with Achar
Turmeric Fish
Rendang Drumlet
Stir-fried Cabbage with Carrot
Fried Curry Potato with Capsicum
Dessert of The Day

AFTERNOON TEA

Hawaiian Pizza
Chocolate Muffin
Golden Fish Ball

THE WESTERN SEMINAR BENTO

Choose from:

HALF DAY (2 Bentos)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Bentos)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Ham & Cheese Sandwich
Spring Roll
Steamed Pumpkin Cake

LUNCH

Spaghetti Aglio Olio
Cajun Lemon Chicken
Baked Mushroom
Cornslaw with Raisins
Potato Wedges
Dessert of The Day

AFTERNOON TEA

Spicy Tuna Pizza
Red Velvet Tea Cake
Chicken Nugget

THE BANGKOK SEMINAR BENTO

Choose from:

HALF DAY (2 Bentos)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Bentos)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Sardine Sandwich
Breaded Scallop
Steamed Yam Cake

LUNCH

Thai Style Tang Hoon
Tom Yum Fish
Garlic Beef Cube
Kai Lan with Mushroom
Thai Mango Salad
Dessert of The Day

AFTERNOON TEA

Mushroom Pizza
Chocolate Éclair
Shanghai Gyoza

THE COSMOPOLITAN SEMINAR BENTO

Choose from:

HALF DAY (2 Bentos)

Lunch +
Breakfast **OR**
Afternoon Tea

FULL DAY (3 Bentos)

Breakfast +
Lunch +
Afternoon Tea

BREAKFAST

Tuna Mayo Sandwich
Vegetarian Samosa
Steamed Prawn Dumplings

LUNCH

Chicken Tortilla Wrap
Potato Wedges
Cream of Mushroom
Garden Greens Salad
Dessert of The Day

AFTERNOON TEA

Cheese Pizza
Pandan Tea Cake
Golden Sotong Ball